



Health & Beauty Club
Treatment Menu

EST. 1866

The Imperial

TORQUAY

Facials

Decléor Beauty Enhancing Facial

70 mins £80.00

A sensation of extreme effectiveness and well-being prescribed to your individual skin needs. After an expert skin analysis, your therapist will select from one of our targeted active masks with renowned properties that will enhance the beauty of your own skin.

Moisture Quench

This super-hydrating facial quenches the thirstiest skin. Includes gentle exfoliation to smooth then a nutrient-rich mask to intensively rehydrate for skin that's supple and cashmere soft.

Oxygenating Pure & Matt

For instant clarity on dull, devitalised skin, this antibacterial and mattifying facial blitzes spots and shine. Includes Aquatic Plant Powders and an oxygenating power mask for a brighter and shine-free complexion that's simply flawless.

Divine Nutrition

Deliciously cocooning and nourishing to comfort and restore. By cocooning in deliciously nourishing essential oils and active nutrients, this facial comforts, renews and restores. Ultra-nourishing to feed dull, dry, exposed skin, it transforms complexions to radiant and satin smooth.

Decléor Hyaluronic Acid Wrinkle Resist

70 mins £80.00

Youth-boosting anti-wrinkle treatment.

For immediately visible results, powerful youth-boosting ingredients and gentle exfoliation target lines and wrinkles. A mineral mask also lifts, plumps and firms for a luminous, younger-looking complexion.

Decléor Ultimate Vitamin Glow

55 mins £65.00

Award-winning vitamin facial to leave your skin visibly radiant.

Power-packed with vitamins and anti oxidants, this award winning facial melts away stress. Combines a rebalancing Essential Oil elixir plus warm, decongesting mask for skin that's purified, perfectly replenished and glowing.

Only For Men

Intensive Energising Face Treatment

55 mins £65.00

Kick-starts tired skin and minimises irritations.

Our fatigue-fighting, anti-ageing treatment reduces shaving bumps and irritation, skin is soothed, moisturised and look re-invigorated.

Body

Signature Treatment

The Ultimate Classics - Declor Tranquil Back & Face Treatment 60 mins £70.00

This relaxing & indulgent treatment includes:

A Decléor back, neck and shoulder massage - a highly targeted treatment focusing solely on releasing tension in the back and shoulders PLUS an Aromatherapy discovery facial - discover why Decléor facials are world famous with this rescue remedy, including a revitalising facial massage, essential oils and gentle polish to wake up tired skin leaving it fresh.

Aromatherapy Body Massage

55 mins £65.00
90 mins £99.00

Heavenly full body Aromatherapy treatments.

Relax, detoxify, tone or stimulate with one of these tension-releasing, holistic treatments. Stresses and strains blissfully melt away and skin is left revitalised and velvety.

Hot Stone Massage

55 mins £70.00

A therapeutic full body massage using aromatherapy oils chosen for your specific needs combined with a warm volcanic stones to relieve deep muscle tension. The warmth of the stones penetrates your muscles to soothe aches and pains; helping you to unwind and your body feel rejuvenated. This includes a hot stone aromatherapy massage to back, legs, arms, abdomen, neck and shoulders.

Deep Tissue Muscle Energiser Massage

55 mins £65.00

Pure therapeutic relaxation to alleviate stress deep down and release the discomfort of aching muscles. 100% natural essential oil balms enhance the experience, leaving your mind calmer and muscles intensely soothed.

Aroma Blend Refine & Firm Massage

55 mins £65.00

A tailor-made body shaping ritual for lasting skin transformation. A completely new approach to massage and body sculpting. This highly effective massage is completely bespoke to you and your needs; your therapist will blend a fusion of essential oils and plants oils to focus on what you would like to achieve and how you would like to feel. Your body will feel recharged and your emotions balanced.

Red Island Exfoliating Ritual

55 mins £65.00

Massage and exfoliation combined in an exotic body treatment.

Inspired by the magical island of Madagascar, powdered fruit seeds and spices are used to polish skin leaving it exceptionally soft. Includes massage with warm aromatherapy oils to de-stress and re-energise.

Gift Vouchers

An ideal gift for someone special, please contact Health & Beauty Club reception for further details.

Mini Treatments

Decléor mini treatments are designed for you to enjoy when you are limited on time or simply want to complement your existing treatment experience. Why not combine two mini treatments for the ultimate treat!

Facial Treatments

Aromatherapy Discovery Facial 25 mins £38.00

Short of time? Discover why Decléor facials are world famous with this rescue remedy. Includes revitalising massage, Essential Oils and a gentle polish to wake-up tired skin leaving it fresh and radiant.

Aurabsolu Glow Power Booster 25 mins £38.00

Awakens even the most tired of complexions in the shortest of times. Revitalises the mind and body, leaving the skin luminous and as fresh as the morning dew.

Vital Eyes 40 mins £45.00

Anti-ageing and visibly plumping for a smoother eye zone. Put the sparkle back! Featuring repairing and intensively hydrating eye masks, this targeted treatment fights fatigue, quenches moisture loss and helps erase wrinkles for a sparkling, rested eye zone.

Body Treatments

Aromatherapy Massage 25 mins £38.00

Relax, refine, tone or stimulate with one of these tension-releasing, holistic treatments. Stresses and strains blissfully melt away and skin all over is left revitalised and velvety.

Deep Tissue Muscle Energiser Massage 25 mins £38.00

Pure therapeutic relaxation to alleviate stress deep down and release the discomfort of aching muscles. 100% natural essential oil balms enhance the experience leaving your mind calmer and muscles intensely soothed.

Cleansing & Purifying Back Treatment 25 mins £38.00

Decongests and brightens for a beautiful back. With a skin-brightening exfoliation to target spots, blemishes and dull skin, this facial for your back transforms congested skin, leaving it clear and strokeably soft.

Men's Deep Tissue Back & Shoulder Massage 25 mins £38.00

The ultimate stress-buster. Highly targeted treatment focussing solely on releasing tension in back and shoulders with a powerful deep tissue massage. Intensely de-stressing to actively revitalise mind and body.

Tranquility Scalp 25 mins £35.00

Intensively relaxes to ease tension and aid sleep. A Decléor's signature scalp massage is combined with a scalp pressure point massage for an intensely de-stressing treatment which eases away all traces of tension from scalp, neck and shoulders.

Manicures & Pedicures

Jessica Deluxe Manicure 55 mins £38.00

This luxury Jessica treatment includes exfoliation, mask, massage, cuticle care and thermal heated mittens for deeper penetration of oils and creams. Nails are beautifully shaped and treated with a prescriptive basecoat before finishing with a perfect polish.

Jessica Deluxe Pedicure 55 mins £38.00

This luxury pedicure includes exfoliation, mask, removal of hard skin, foot and leg massage and thermal heated booties for deeper penetration of oils and creams. Your cuticles will be groomed and your toenails will be beautifully shaped and perfectly polished.

Jessica Mini Manicure 25 mins £28.00

Hands and cuticles are conditioned and moisturised. Nails beautifully shaped and treated with a prescriptive basecoat, then completed with a perfect polish.

Jessica Mini Pedicure 25 mins £28.00

Feet and cuticles are conditioned and moisturised. Nails beautifully shaped and treated with a prescriptive basecoat, then completed with a perfect polish.

Gel Overlay Manicure / Pedicure 55 mins £38.00

With the health of the natural nail in mind, GELerations gel formula delivers a long lasting, flawless finish that dries in seconds and protects the natural nail. Nails are filed and shaped, cuticles are softened, the hands or feet are exfoliated and moisturiser applied, finishing with Jessica's GELeration polish of your choice.

Beauty Treatments

Re-Invent Your Look

Eye Package	40 mins	£30.00
Eye Brow and Lash Tint	25 mins	£16.00
Eye Lash Tint	15 mins	£12.00
Eye Brow Shape	15 mins	£10.00
Eye Brow Tint or Wax	15 mins	£10.00
Eye Brow Tint & Wax	25 mins	£25.00

The Smooth Touch

Full Leg Wax	40 mins	£22.00
Half Leg Wax	25 mins	£16.00
Chest or Back Wax	30 mins	£16.00
Chest and Back Wax	45 mins	£32.00
Bikini Wax	30 mins	£15.00
Upper Lip or Chin Wax	15 mins	£8.00
Upper Lip and Chin Wax	15 mins	£10.00
Under Arm Wax	15 mins	£10.00

Spa Day Packages

Pure Indulgence Spa Day

Mon - Thurs £99.00
Fri - Sun £109.00

Enjoy 90 minutes of treatments of your choice followed by a tempting two course lunch and then simply while away the remainder of your day in the pool, spa pool, aroma steam room or sauna.

This indulgent spa day includes one 60 minute treatment of your choice:

- Decléor Ultimate Vitamin Glow
- Aromatherapy Body Massage
- Jessica Deluxe Manicure or Pedicure

PLUS one 30 minute treatment of your choice:

- Aromatherapy or Deep Tissue Massage
- Aromatherapy Discovery Facial
- Tranquility Scalp Massage
- Jessia Mini Manicure or Pedicure

A delicious two course lunch, full use of leisure facilities including robes, slippers and towels. A 20% discount on any additional treatments booked on the day.

Imperial Signature Spa Day

Mon - Thurs £69.00
Fri - Sun £79.00

Enjoy two 30 minute treatments of your choice followed by a tempting two course lunch and then simply while away the remainder of your day in the pool, spa pool, aroma steam room or sauna.

This indulgent spa day includes two 30 minute treatment of your choice:

- Aromatherapy or Deep Tissue Massage
- Aromatherapy Discovery Facial
- Tranquility Scalp Massage
- Jessia Mini Manicure or Pedicure

A delicious two course lunch, full use of leisure facilities including robes, slippers and towels. A 20% discount on any additional treatments booked on the day.

Afternoon Tea Spa Day

Mon - Thurs £89.00
Fri - Sun £99.00

Enjoy a 60 minute treatment of your choice followed by a tempting afternoon tea and glass of prosecco and then simply while away the remainder of your day in the pool, spa pool, aroma steam room or sauna.

This indulgent spa day includes one 60 minute treatment of your choice:

- Decléor Ultimate Vitamin Glow
- Aromatherapy Body Massage
- Jessica Deluxe Manicure or Pedicure

Afternoon tea and a glass of prosecco. Full use of leisure facilities including robes, slippers and towels. A 20% discount on any additional treatments booked on the day.

Spa Day Packages

Imperial Spa Retreat

Mon - Thurs £49.00
Fri - Sun £59.00

Enjoy a 30 minute treatment of your choice followed by a tempting two course lunch and then simply while away the remainder of your day in the pool, spa pool, aroma steam room or sauna.

This indulgent spa day includes one 30 minute treatment of your choice:

- Aromatherapy or Deep Tissue Massage
- Aromatherapy Discovery Facial
- Tranquility Scalp Massage
- Jessica Mini Manicure or Pedicure

A delicious two course lunch, full use of leisure facilities including robes, slippers and towels. A 20% discount on any additional treatments booked on the day.

Spa Breaks

Sunday Spa Break

From £198.00 per room per night

Extend your weekend with a luxurious lazy Sunday.

Arrive and enjoy time in the Health & Beauty Club followed by a three-course a la carte dinner in our Regatta restaurant and then curl up in a comfortable bed for a relaxing night's sleep, enjoying a full English breakfast the following morning. Start your Monday with two luxurious treatments of your choice and another day spent relaxing by the pool, spa pool, sauna or aroma steam room.

This indulgent spa break includes two 30 minute treatments of your choice:

- Aromatherapy or Deep Tissue Massage
- Aromatherapy Discovery Facial
- Tranquility Scalp Massage
- Jessica Mini Manicure or Pedicure

Full use of leisure facilities including robes, slippers and towels. A delicious three course dinner in the Regatta Restaurant. One nights accommodation with Full English or continental breakfast in the morning. 20% discount off any additional treatments booked.

Two Night Spa Break

From £318.00 per room for two nights

Enjoy our two night break and spoil yourself and a loved one with luxurious spa treatments.

Pamper yourself with two luxurious treatments of your choice and enjoy time by the pool, in the sauna or steam room. Indulge further with a three-course à la carte dinner in our Regatta Restaurant and then curl up in a comfortable bed for two relaxing night's sleep, enjoying a full English breakfast each morning.

This indulgent spa break includes two 30 minute treatments of your choice:

- Aromatherapy or Deep Tissue Massage
- Aromatherapy discovery facial
- Scalp massage
- Express manicure OR pedicure

Full use of our spa facilities including robes, slippers and towels. A three-course dinner in The Regatta Restaurant, two nights' accommodation and Full English or continental breakfast in the morning.

DECLÉOR

PARIS

To book any spa treatments or spa days:
Call our Health & Beauty Club 01803 212 151, or
email leisureclub@theimperialtorquay.co.uk

ARRIVAL TIME

Please allow sufficient time prior to your treatment to complete a consultation form and health questionnaire. We recommend that you arrive up to 20 minutes in advance of your treatment so that you can change, relax and enjoy the leisure facilities. Please be advised that any late arrival will result in a reduction of treatment time.

CANCELLATION POLICY

Cancellation policy of 72 hours for spa days or group bookings and 48 hours for individual treatment bookings or full amount will be payable.

MEDICAL CONDITIONS

Some of the treatments that are offered are not suitable for guests with certain medical conditions. We request that you draw to our attention any of the following conditions at the time of booking: cardio or respiratory conditions, high or low blood pressure, epilepsy, diabetes, pregnancy, skin conditions, cancer diagnosis, thyroid problems or recent operations. We have specially designed treatments for expectant women so please allow our spa team to guide you in selecting which treatments are most suitable for you. A patch test required 24 hours before any tint treatments.

CHILDREN POLICY

The minimum age for all treatments is 16

SPA TECHNOLOGY POLICY

The beauty spa environment is one of relaxation and tranquillity, we would therefore be grateful if you would please note that the beauty spa area is a mobile phone, iPad, camera and smoke free area.

LOSS OR DAMAGE

We regret that we cannot be responsible for any loss or damage of personal articles. We advice that you keep all your valuables locked in your hotel room safe during your visit to Beauty Spa.

SPA DAYS

Day packages are offered subject to availability. Lunch or afternoon tea reservations should be made at time of booking. Day packages cannot be used in conjunction with any other offer. Treatments include consultation time. Prices listed are per person.

SPA BREAKS

The spa break is based on two adults sharing a Classic Room and is subject to availability. Dinner reservations should be made at time of booking. This package cannot be used in conjunction with any other offer. Treatments include consultation time.

The Imperial Torquay, Park Hill Road, Torquay, Devon, TQ1 2DG
www.theimperialtorquay.co.uk